



American Stroke Association®
A division of the American Heart Association.

Together to End Stroke®

Post-Stroke Pain Discussion Guide

Pain is a common complication after stroke, one that's often under-reported. Symptoms can occur at any point during stroke recovery and may become chronic if not properly diagnosed and treated. To better understand this condition, it's important for you and/or your caregiver to talk with your health care professional to:



Identify and understand the cause of your pain.



Determine a treatment plan.



Recognize the impact of pain.

Be sure to ask your health care professional questions such as:

1. What is post-stroke pain and how common is it in people with stroke?
2. What symptoms may suggest someone is experiencing post-stroke pain?
3. What are the different types of post-stroke pain?
4. Why is pain assessment more difficult with stroke survivors?
5. What are some strategies to help with pain?
6. What are the treatment options for post-stroke pain?

Nationally Sponsored by



**Encompass
Health®**