Aphasia is a language disorder that affects the ability to communicate. It’s most often caused by injury to parts of the brain that control speech and language resulting from a stroke.

I need to communicate with someone who has aphasia.

Keep It Simple
Speak in short, simple sentences.

Be Patient
Allow plenty of time for a response. Talk with him/her not for him/her.

Remove Distractions
Turn off radios and TVs.

Be Creative
Try writing, gesturing, pictures and communication tools like an iPad.

Confirm
Repeat back what you think he/she is saying.

People With Aphasia
1. Communicate differently, but they are as smart as they were before.
2. Their hearing is fine; speaking loudly does not help.
3. Aphasia is not contagious! To talk to people with aphasia, you’ll just have to communicate differently.

I have aphasia.

Take Your Time
Remember it may take a while to get the words out.

Let People Know What Works Best For You
Do you want a question asked in multiple ways? Let them know.

Use Assistive Devices
Bring photos, diagrams, pen and paper, etc.

Getting Frustrated Is Okay
Don’t blame yourself if you get stuck or stumble on your words. Be patient with yourself as you find what works.

If You Get Stuck, You Can
1. Admit you’re struggling.
2. Recap what you have discussed so far.
3. Decide whether to carry on or come back to it later.

Learn more at StrokeAssociation.org/aphasia and Aphasia.org