

High blood pressure equals **HIGHER RISK OF STROKE.**



NORMAL BLOOD PRESSURE IS BELOW
120/80



STROKE HAPPENS WHEN A CLOT OR RUPTURE INTERRUPTS BLOOD FLOW TO THE BRAIN. WITHOUT OXYGEN-RICH BLOOD, BRAIN CELLS DIE.

Most people who have a first **STROKE** have **HIGH BLOOD PRESSURE.**¹



80% of strokes can be **PREVENTED.**²

Nearly **1 IN 6** American adults with high blood pressure **DON'T KNOW.**³



At age 50, people without high blood pressure have a

LIFE EXPECTANCY 5 YEARS LONGER

than people with high blood pressure.³



Have your blood pressure checked and keep it in check to

REDUCE your **RISK OF STROKE.**

¹ Neal B et al; Lancet. 2000;356:1955-64 // ² D'Agostino, R.B. et al. Stroke. 1994;25:40-43 // ³ Mozaffarian D et al. Circulation. 2017;135:e135-139