**Six Key Facts About Stroke**

**One**

**Stroke Happens**
When a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.

**Two**

**3 Types of Stroke**
- **Ischemic** caused by a clot.
- **Hemorrhagic** caused by a rupture.
- **Transient Ischemic Attack (TIA)** or "mini stroke" caused by a temporary blockage.

**Three**

**185,000 Reoccurring Strokes Happen Each Year.**

**Four**

**About 1 in 4 Stroke Survivors is at Risk for Another.**

**Five**

**The Good News**
Up to 80% of second clot-related (ischemic) strokes may be preventable.

**Six**

**Reduce Your Risk**
If you’ve had a stroke, create a plan with your doctor to prevent another stroke, which may include managing high blood pressure and cholesterol, losing weight and discussing an aspirin or other medicine regimen.

Aspirin is not appropriate for everyone, so be sure to talk to your doctor before you begin an aspirin regimen.

The longer stroke goes untreated, the greater the chance of lasting disability. Learn to spot the warning signs F-A-S-T:

- **F**ace drooping
- **A**rm weakness
- **S**peech difficulty
- **T**ime to call 911

StrokeAssociation.org/WorldStrokeDay