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## AMERICAN HEART ASSOCIATION NAMES AMANDA MILLS METRO INDY EXECUTIVE DIRECTOR

The American Heart Association (AHA) has named Amanda Mills as its executive director in Indianapolis. Mills will oversee the fundraising and community engagement initiatives that advance the AHA's mission of building a world of longer, healthier lives for everyone in Central Indiana.

Mills has been with the AHA for nearly nine years, most recently as the Senior Director for Go Red for Women in Cincinnati where she led one of the top 10 Go Red for Women campaigns in the country. Prior to that, Mills served the AHA as a Youth Market Director and a HeartChase Director. In 2014, she earned the AHA's prestigious Rome Betts Award of Excellence for her distinguished performance and leadership.

"Amanda is a thought-leader, an innovator, and a colleague who truly creates impact in every role she plays," said Kevin Harker, executive vice president of the American Heart Association's Midwest Region. "We are excited to see her step into this important leadership role."

Mills began her role as executive director on Jan. 18. She will be relocating to Indianapolis in the near future.

"I could not be more excited to join the Indianapolis community as the Executive Director of the American Heart Association," Mills said. "As a champion for health equity, I look forward to working closely with staff and volunteers to address the most pressing health concerns of our region in alignment with the American Heart Association's mission to achieve longer, healthier lives."

The American Heart Association is working in Indiana to improve health outcomes for all residents through investments in cardiovascular and Covid-19 research. The association is working alongside the community to reduce health disparities through initiatives that address issues such as healthy food access, hypertension and tobacco use.

About the American Heart Association

The American Heart Association is devoted to saving people from heart disease and stroke – the two leading causes of death in the world. We team with millions of

volunteers to fund innovative research, fight for stronger public health policies and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke.

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