MORE THAN 90% OF FAMILY CAREGIVERS SAY CARING FOR A LOVED ONE HAS HELPED THEM APPRECIATE LIFE MORE.¹

The Face of Caregivers

72% White²
13% African American²
12% Hispanic²
2% Asian American²

2 out of 3 are female²

Many family caregivers also report positive experiences from their role and activities. This sense of satisfaction and well-being can have important benefits for caregivers well after caregiving has ended.¹

Caregiver services were valued at $450 billion per year in 2009 - up from $375 billion in 2007.³

The value of unpaid family caregivers will likely continue to be the largest source of long-term care in the U.S.⁴

¹ Problems and Benefits of Stroke (2009). Stroke: Journal of the American Heart Association
² The National Alliance for Caregiving and AARP (2009). Caregiving in the U.S.

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